# MINUTES OF THE MEETING OF THE COMMUNITY LEADERSHIP AND PARTNERSHIPS COMMITTEE, HELD ON MONDAY 8 JANUARY 2018 AT 7.30 PM IN THE COUNCIL CHAMBER, COUNCIL OFFICES, THORPE ROAD, WEELEY

Present:	Councillors Land (Chairman), Baker (Vice-Chairman), Amos, Chittock, Davis, I Henderson, Newton, Poonian, Raby and Yallop
Also Present:	Councillor McWilliams (Health and Education Portfolio Holder)
In Attendance:	Karen Neath (Head of Leadership Support and Community), Rebecca Morton (Executive Projects Manager) and Katie Sullivan (Committee Services Officer)
Also In Attendance:	Chris Bird (Treasurer - Citizens Advice Tendring), Melanie Hammond (Operations Director - Citizens Advice Tendring) and Clare Munday (Manager - Tendring Mental Health Hub)

## 32. APOLOGIES FOR ABSENCE AND SUBSTITUTIONS

There were apologies for absence received from Councillor Broderick (with no substitute).

## 33. MINUTES OF THE LAST MEETING

The minutes of the last meeting of the Committee, held on Monday 13 November 2017, were approved as a correct record and signed by the Chairman.

#### 34. DECLARATIONS OF INTEREST

There were none.

#### 35. MENTAL HEALTH HUB

Chris Bird (Treasurer - Citizens Advice Tendring), Melanie Hammond (Operations Director - Citizens Advice Tendring) and Clare Munday (Manager - Tendring Mental Health Hub) were in attendance and provided the Committee with a presentation on the Mental Health Hub. The presentation included information on the following:

- (1) Clients with mental health problems;
- (2) Help provided and interventions;
- (3) Benefit sanctions;
- (4) Mental Health Hub functions:
- (5) Client journeys;
- (6) Case study;
- (7) Statistics;
- (8) Solving practical problems saves money;
- (9) Achievements 2017/18; and
- (10) Next steps.

Following on from the presentation Members were given the opportunity to ask questions.

The Chairman thanked Chris Bird, Melanie Hammond and Clare Munday for the information that they had provided and also for all of their hard work.

Following discussion, it was **RECOMMENDED** to **CABINET** that the Council should:

- (a) Make contact with the Mental Health Trust in order to establish if they would consider being partners in this successful scheme;
- (b) investigate whether as a partnership, access to Leisure Centres could be offered to those suffering from mental health problems in the District; and
- (c) investigate if any help or intervention for those with mental health issues is offered by the Council's Housing Section to those who are affected by benefit sanctions and are threatened with homelessness.

### 36. GREAT BENTLEY PRIMARY SCHOOL WELL-BEING HUB

The Council's Executive Projects Manager (Rebecca Morton) was in attendance and informed the Committee that Tracey Caffull (Executive Head Teacher - Great Bentley and Frinton Primary Schools) and Tracey Cooke (Deputy Head Teacher - Great Bentley Primary School) were unable to attend the meeting and apologised on their behalf.

The Executive Projects Manager provided the Committee with information on the Great Bentley Primary School Well-Being Hub which included the following:

- (1) Overview of the Well-Being Hub;
- (2) Training provided for staff;
- (3) Recognising and expressing emotions;
- (4) Skills, tools and techniques:
- (5) Removing barriers to enable children to learn;
- (6) Dealing with challenges faced in the future;
- (7) Themed groups as part of the pilot Play, Art, Construction and Science; and
- (8) Evaluation of the first full term.

A presentation provided by Tracey Caffull (Executive Head Teacher – Great Bentley and Frinton Primary Schools) was circulated to the Committee and the Executive Projects Manager provided information on each section. The presentation covered the following:

- (1) The pressure to be perfect;
- (2) Action;
- (3) Results:
- (4) Summary;
- (5) What is needed next; and
- (6) Moving forward.

The Council's Health and Education Portfolio Holder (Councillor McWilliams) informed the Committee that she had visited the Well-Being Hub on a few occasions and she thought that it was very interesting and encouraged Members to visit to take a look.

The Health and Education Portfolio Holder further informed the Committee that she had visited during one of the first sessions and again to one of the later sessions and had been amazed at the positive changes.

The Committee was given the opportunity to ask questions which were responded to by the Executive Projects Manager.

The Committee thanked the Executive Projects Manager for all the information that she had provided.

Following discussion, it was **RECOMMENDED** / **COMMENTED** to **CABINET** that:

- (a) contact be made with Essex County Council in order to request that full funding is provided to enable further Well-Being Hubs across the District; and
- (b) the Committee would like to congratulate those involved in introducing the Well-Being Hub and the success that had been achieved so far and that the Committee fully supports it.

The meeting was declared closed at 9.17 pm

Chairman